



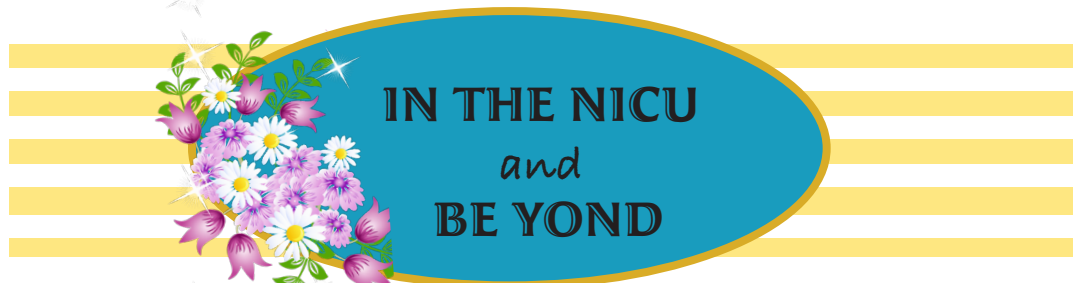
**2022
CCANN OFFICERS**

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Dr. Indira Chandrasekar
Dr. Radhika Narang
Dr. Jimmy Lan
Dr. Naisha Chokshi

SAVE THE DATE

- * September 13th -
Lunch & Learn at
Palms Restaurant, Fresno CA
- * October 15- Fall Conference
VCH , Madera
- * November 3 -Learn at Ruth's
Chris Steak House Dinner
- * December 8th - CCANN
Christmas Party, Venue : TBA



CCANN's Spring 2022 Virtual Conference
By : Rose Kalebjian, RNC-NIC

CCANN was proud to present its fourth virtual conference, "In the NICU...and Beyond!" on Saturday, April 2nd. Another great group of clinicians, all experts in their various medical fields with a wealth of NICU knowledge, presented to our community of healthcare professionals. Around 70 people participated and will be able to access the conference for a full 30 days, so those who couldn't attend the whole event can. 5 CEUs were offered for this 5-hour conference. CCANN Education Liaison, Dee Morris NNP-BC, was the emcee for this special event.



Our first speaker was Dr. Radhika Narang, the Medical Director of Neonatal Transport and Neonatologist at Valley Children's Hospital (VCH). She led the conference with a very current topic, "Family Centered Care during Covid time". Dr. Narang stressed the importance of the parents being collaborative members of the NICU team. Data supports the positive impact that parental involvement can have on emotional and social outcomes for these babies, especially the LBW patients. During the pandemic, there is suboptimal care in the

NICU as it relates to family-centered care, coupled with a lack of parental follow-up from the NICU team concerning their babies. Dr. Narang stressed the improvements that could occur if we were integrating video conferencing,



unrestricting access to parents in the unit, etc. She shared with us what NIPU, a concept of Neonatal Intensive Parenting Unit environment could look like.



Next topic was presented by Jessica Gates, the High-Risk Infant Follow-up (HRIF) coordinator at VCH. She talked about the criteria our patients in the NICU meet to return to the clinic. Coordinating with different medical service lines, the HRIF can provide significant improvements in these patients' development, so they can be on level with their peers in their age group, even in ELBW and HIE babies! HRIF had 1200 visits last year, but many of these visits occurred via telemedicine due to the pandemic, so the effectiveness of the follow-ups was not as great. Jessica showed charts comparing Valley Children's HRIF data to the rest of California's HRIF data, displaying the highlights of our program and where we can do better. One major factor that could improve our data is parents bringing their children to each of the follow-up appointments. Jessica stressed that the earlier the interventions, the better the outcome.



Dr. Mohammed Nael Mhaissen's lecture of Congenital Syphilis was an hour filled with beneficial information to all NICU medical professionals. Dr. Mhaissen is the Medical Director of Infection Prevention and Infectious Disease at VCH since 2019. He showed the stats of exponential increase of STDs, including Syphilis, in California over the past decade. The lecture had slides of the clinical manifestations and physical findings for the early vs. late Syphilis (after 2 years of age). Unfortunately, 57% of CA mothers have late or lack of prenatal care, so many aren't appropriately treated for their disease prior to giving birth. Dr. Mhaissen reviewed 3 different scenarios of a mom with Syphilis and the presentation of her baby along with the likely treatment in that case. He also presented a great reference slide to accompany these case studies with a protocol of the plan of care.



Our final speaker was Dr. Omar Ali who joined the VCH team in 2018. In addition to his long list of accomplishments, Dr. Ali has been a reviewer as well as published in a variety of medical journals. His presentation topic was on Congenital Hypothyroidism (CH). He reviewed thyroid anatomy and physiology, the impact of primary CH, and how we diagnose and treat that disease state. Dr. Ali shared the clinical outcomes as well as case studies at the end of his educational presentation. A key point is to treat within 2 weeks of birth according to AAP. If we wait until symptoms appear to treat, irreversible brain damage has usually already occurred. His slides included interesting statistics, diagrams, as well as pictures of babies with typical signs of CH that we could be seeing in the NICU.

During the short breaks, we had our vendors present their products: Ross Nicholls from Mead Johnson, Cassandra Wendling from Syneos, and Prolacta Bioscience. Thank you to those sponsors for all their support, especially during times like these. CCANN is proud to produce virtual conferences for all of us to enjoy and learn together from the comfort of our own homes. As Dee mentioned, the next Fall conference in October will be our first in-person conference since the pandemic began! Can't wait to see you then for more NICU up-to-date education from the experts !

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Dear CCANN Scholarship Committee,

I am honored to have been selected and awarded the CCANN Education Scholarship. Thank you for your generosity and support which has allowed me to cover a significant amount of the cost toward my Bachelor of Science in Nursing at Samuel Merritt University.

As I complete my education, I will continue to feel supported and encouraged! I look forward to using the knowledge I gain as a NICU nurse.

Thank you again for this thoughtful and generous gift,

Sabrina Bear, RN



CCANN Executive Meeting

Held at Max's Bistro and Bar Restaurant
last May 12, 2022
(Thursday)
1784 W Bullard Avenue
Fresno , CA 93720

This gathering of officers aim to discuss the future CCANN activites : the strategies of meeting challenges, voting of possible fund raising ideas, and design action plan for future educational offerings in lunch and learn and upcoming major conferences.



3 likes

ccann_2007 Congratulations to Sabrina Bear for being the 2022 recipient of the CCANN scholarship! She is enrolled in the RN to BSN program at Samuel Merritt University. She is an active member of CCANN and volunteers for fundraising! Congratulations Sabrina! 🍌

In the NICU... and BEYOND!

LECTURE TOPICS

Family Centered Care During Covid Time
Dr. Reshika Norang, Neonatologist
Valley Children's Hospital, Medford, CA

High Risk Infant Follow-Up Overview and Outcomes
Jessica Guter, MEd, Coordinator
Valley Children's Hospital, Medford, CA

Congenital Syphilis
Dr. Mohammed Naeel Mhaisen, Infectious Diseases Medical Director
Valley Children's Hospital, Medford, CA

Congenital Hypothyroidism
Dr. Omar Ali, Endocrinologist
Valley Children's Hospital, Medford, CA

Event & Registration Details

Time & Date: 0800-1300 on April 2, 2022
Location: Online Zoom Meeting
Event & Access Code emailed directly to your registration email

CEU Provider Approved by: California B.O.N. Conference Information:
BNN 15253 CCANNURSES.org
5.0 CEUs ccann2008@gmail.com

Conference Fees: CCANN Member: \$35
Non-Member: \$55
Student: \$20
*Late Registration Fee: \$50

Registration Deadline: March 31, 2022
Late Registration: April 1, 2022*

Conference limited to 100 participants

Proudly Sponsored by



Building a Healthy Skin Barrier for Babies



CCANN and CeraVe

In Neonatal Skin Care

By : Coralee Agnas, BSN, CCRN, RNC-NIC

CCANN and CeraVe cordially invited healthcare professionals to a dinner in their joint-sponsored Neonatal Skin Care conference held at Campagna restaurant in Fresno on June 14, 2022. There were a total of 40 attendees.

Ms. Alexa Arnold, the CeraVe representative and Senior Institutional Sales Manager, gave us an update on the Cerave baby line of products. She mentioned that CeraVe products have special components that are meant to hydrate and restore all skin types.

The skin starts to develop in the 1st trimester, but only in the 3rd trimester, that the vernix caseosa, a ceramide rich substance in baby's skin, accumulate in large amount. This waterproofs the baby while immersed in the amniotic fluid and protects their immature skin barrier while in utero.

After delivery, ceramides are in the stratum corneum lipid layer that regulate transepidermal water loss. This does not only aid in thermoregulation but also helps the skin to be more resistant to toxins and other pathogens.

Cerave primarily considers the infant's delicate skin as they formulate skin care products. From the scalp shampoo and body wash, body lotion, cream, healing ointment, sunscreen and others – the product goal is to be gentle, soothing and hydrating.

All Cerave skin products contain 3 essential ceramides that work in tandem with other carefully selected ingredients to maintain baby's natural skin barrier.

Ceramides 1,3, 6-II together with other elements that CeraVe pharmaceutically picked, prepared and incorporated in the best proportion to address specific skin problem and purpose. Benzoyl Peroxide, Dimethicone, Glycolic Acid, Hyaluronic acid, Lactic acid, Niacinamide, Petrolatum, Pramoxine Hydrochloride, Retinol, Salicylic acid, Titanium dioxide, Urea, Zinc and Vitamin E are substances worth mentioning.

Kamela Loo, NNP primarily lectured on Neonatal skin care - from basic skin structure and function, to the difference of between newborn skin versus that of an adult. She talked about risk factors of skin injury, possible causes and how to treat them. Kamela discussed the stages of pressure injury as well as stages of wound healing and the most appropriate choice of dressing selection. She also mentioned the essential considerations in giving the first baby's bath including the latest practice recommendations on neonatal bathing compared to other old cultural beliefs. She also talked about diaper dermatitis and the aggravating condition of Candida albicans. A lively Q&A portion ended her powerpoint presentation.

Dr. Chandrasekar's lecture was about the common newborn dermatologic problems. She started her lecture from introduction of dermatology terms for optimum site description. The lecture displayed pictures as she discussed the salient features of each skin lesion for primary assessment along with its treatment and management. It was interactive by showing baby's skin condition and audience will identify the skin lesion that is most commonly seen or rarely seen in the NICU or clinics.

As the saying goes . . . "Skin protects and defends . It connects us with the outside world, it can either define or confine lives. When skin is healthy – it can bring confidence, comfort and well being. . . and it does change lives and we are positive force to advocate for healthy skin care."



CCANN and CeraVe cordially invite you to
attend Neonatal and Infant Skin Care
June 14, 2022 (Tuesday) Campagna Restaurant
1185 E Champlain drive Fresno CA 93720



Fundraising Activity



The Advocate

By : Danielle "Dee" Morris NNP- BC



ccann _2007 Time for another Fundraiser! Please see another CCANN member at VCH or Sabrina Bear (Lead) at NNN to purchase.

These sanitizers are \$4.00 per pack.

Donating 100% proceed to Black Wellness and Prosperity Center to promote healthy women and children.

givingcampaign

handsanitizer

Over the last three turbulent years, many healthcare professionals struggled with a barrage of complicated emotions: anger, profound sadness, confusion, hope, pride, and humility. We've weathered daily, sometimes hourly, storms within our home units: staffing shortages, supply shortages & replacements, disconnected parents, new visitation policies, and ever changing Covid testing policies for patients, parents, and staff. When we struggled, we felt alone in our confusion even amid our closest work connections; resounding cynicism and fundamental turmoil were our best friends and our toughest challenges. For many, this overwhelming tidal wave was enough to push them out of healthcare, and for others it forced them to rethink their roles within the healthcare system. If I touched on a nerve or struck a chord within you after reading all of that, take a moment to refocus your breathing before continuing – it's a lot to contemplate, and it's an even bigger realization to discover we made it to the mountain peak and are now on the other side.

Like many of you, I've questioned my purpose, my abilities, and my constitution for my role in healthcare, however, at the end of each long stretch of shifts I am grounded by one of my core professional beliefs – Advocacy.

Many years ago, I was on a plane headed to a NANN conference and was asked by the passenger next to me the usual casual questions – "Where are you headed? & What do you do for a living?". After discussing my destination and occupation, the gentleman signaled me to lean in for a whispered secret. "You may be a nurse and a student, but that's not what you really are," he said. "You're an Advocate." I politely smiled and nodded my head, and after a bit more back & forth discussion, he explained his unique insight at length and forever changed my perception.

To begin, you must ask yourself five primary questions:

Are you a member of an occupation which requires specific training and education to achieve?

Are you required to obtain state or national licensure to practice in your profession?

Do you engage in continuing education activities to maintain your accreditation or licensure?

Are you a member of a professional organization or association specific to your occupation, licensure, or profession?

Do you engage in professional activities, and/or attend events specific to your field of accreditation or licensure?

He was adamant - if a person can answer yes to all these questions, that person is an Advocate. But for whom are you an Advocate?

You are an advocate for your patients. They depend on you to be detail oriented, to make critical decisions regarding their care, to complete tasks on their behalf, to maintain a schedule, to intercede when necessary, and to recognize when more, or less, help is needed.

**" Kindness is a
GIFT
that Everyone
can afford
to GIVE "**



You are an advocate for your company. You are timely and purposeful in your actions. You are up to date on current policies and procedures as it relates to your position and your patients. You follow safe practices, exhibiting good habits with deed/action and not solely with words. You limit waste and promote new practices which reduce costs to company and patient alike.

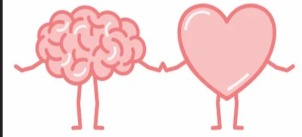
You are an advocate for your profession. You live by example through kindness, compassion, thoughtfulness, and wisdom. You are trusted as a knowledgeable resource to family, friends, and strangers alike. You encourage healthful practices. You provide a safe and caring environment. You read current articles, studies, reports, magazines, blogs, etc. to stay up to date on current practices in your field.

You are an advocate for yourself. You understand boundaries. You take time out to care for yourself. You understand the importance of your own mental, physical, spiritual, sexual, and emotional wellbeing. You care for something or someone other than yourself: children, parent, spouse, friend, pet, plant, house, etc.

You are an Advocate. Let that sink in for a moment and reread those descriptors one more time. What are your strengths? What are your areas of growth? Remember, your role as an Advocate is a path, not an absolute. Practices change, perceptions shift, personal needs flex and bend, but all the while your role as an Advocate remains, creating a space for learning, growth, development, and soulful elevation. As a member of CCANN and NANN, you are already an active Advocate for your patient, company, profession, and self. Your membership promotes those four advocacy roles by encouraging new practices, research in current and changing practices, engagement with peers, and a setting for Advocates to gather and grow.

As Florence Nightingale once said, "Let us never consider ourselves finished nurses.... we must be learning all of our lives". Be the Advocate you are destined to be. CCANN and NANN are right here by your side.

"Finding Balance
between
Living and Loving"
balance



MEDICAL TEAM



Wherever the ART
of MEDICINE is
LOVED
there is also a
LOVE of
HUMANITY.

- Hippocrates

Instagram



Liked by kevinlong88 and 2 others
ccann_2007 CCANN Officers Meeting
@maxsbistro planning strategy for
fundraising, donations, scholarships &
conferences! Lots of good things coming!
Stay tuned. Thank you to
@rossnicholls2022 from Mead Johnson
for sponsoring us & sharing current hot
topics! 🍷



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Denise O'Canto
Corporate Relations
Manager

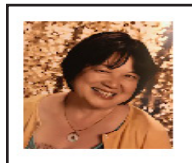
C 559.917.4910
T 559.237.3663 ext 1114

docanto@ccfoodbank.org
www.ccfoodbank.org

4010 E. Amendola Dr.
Fresno, CA 93725

Dear Kamela & Dil-Do,
Thank you for your kind
& generous donation. Your
support means the world to
us & those we serve. Your
support will help provide
up to 14,000 meals for those
who struggle daily with
hunger. We are humble
& grateful for your
partnership in fighting
hunger. Denise O'cant

“ Coming together
is the beginning ,
staying together is
progress and
working together
is SUCCESS “
by : Henry Ford



Chapter Membership Recruitment and Retention

By : Kamela Loo NNP - BC

During 2022, Central California's NANN Chapter continued to bring in new members. Due to our personal recruitment efforts, chapter communication and special discount rates from NANN, successful recruitment was attained. By providing scholarship opportunities, low cost conference tuition to members, Lunch/Dinner-and-Learn events, and CEUs for educational offerings, we have made membership to this chapter very desirable.

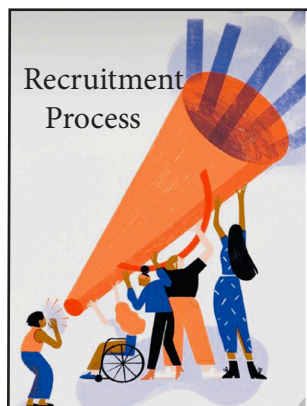
Awards as Incentives - Annual educational scholarships are awarded to members pursuing higher education. A NANN conference scholarship of \$200.00 each was awarded to Dee Morris, Angie Co, Leslie Williams and Coralee Agnes for their contribution to the CCANN chapter. A NANN conference scholarship of \$100.00 was awarded to Rosita Erestain and Jocelyn Compendio as well.

Annual Scholarship - A scholarship of \$500.00 was awarded to a NANN/CCANN member annually to encourage this individual to achieve a higher nursing education. The 2022 CCANN Nursing Scholarship was awarded to Sabrina Bear, RN. She is in the second term of her RN-to-BSN Program at Samuel Merritt University. She has been an active member since 2021. Her contribution included the fundraising effort for the 2021 Winter Holiday Event and support of the Black Wellness and Prosperity Center. A full membership to NANN/CCANN (\$155.00 value) was also awarded to Kim Collins, BSN for her fundraising efforts making Boo Shirts during Halloween 2021 and selling Carmel Chocolate Apples. These are all wonderful incentives to attract neonatal nurses to join NANN/ CCANN.

Discount Rates from NANN - Thanks to NANN, new members/renewing members/ members not yet due to renew could all log into the NANN account by using the discount code “Nursesweek” to save \$25.00 each. We were able to use this discount code to attract new members and retain existing members. It made the membership rates much more affordable. We welcomed over 20 new members to join our NANN/CCANN chapter.

Recruitment and Retention Strategies- The number of neonatal nurses that continue to show interest and submit applications for membership is astonishing. The leadership team of NANN Central California chapter is dedicated to maintain and increase the chapter's membership throughout the year. Flyers are sent to outlying hospitals along with our biannual newsletter. We remain committed to increasing our membership and making ours amongst one of the most recognizable NANN chapters. Another recruitment strategy may include to reach out the local nursing students by informing them of our meeting dates and current topics, as well as encouraging them all to attend our educational conferences at the discounted rates. At present, we have over 102 registered chapter members and have recruited additional new members with the recruitment campaign. We look forward to collaborate with NANN to increase of our chapter membership. We want you to join us!

Thank you for all you do for your patients, units and communities!





**National
Association of
Neonatal
Nurses**

NANN Responds to U.S. Supreme Court Decision to Overturn Roe v. Wade

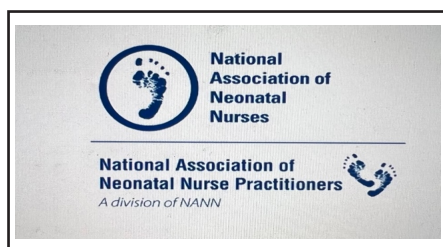
The National Association of Neonatal Nurses (NANN) denounces the Supreme Court's decision to overturn Roe v. Wade. Reproductive rights are human rights, and NANN joins other organizations in the call to protect access to reproductive healthcare.

As the professional organization for neonatal nurses who care for premature and critically ill infants, we understand the decision to have a child is a deeply personal one. The neonatal nursing community works daily to sustain and improve the lives of patients. But we are also advocates.

We believe safe and informed healthcare decisions must reside with each individual, their families, and healthcare providers. We also believe significant racial, ethnic, and socioeconomic health disparities have been shown to exist, particularly within the scope of reproductive rights and perinatal healthcare. NANN cannot support legislation or judicial action that further endangers already vulnerable populations.

As an organization, NANN stands firm in its mission to support not only our patients but also their families and our nurses. We will continue to provide education, resources, and advocacy that reduces maternal and infant mortality and improves and expands perinatal, postnatal, and mental healthcare.

For further information on how to advocate for change on this topic or others, please visit the [NANN Policy and Advocacy Committee](#) and utilize their [legislative toolkit](#).



CCANN Fundraising Activities

CCANN is excited to announce the 2022 T-Shirt fundraisers! This year's designs were voted on at the June CCANN Dinner & Learn event held at Campagna Restaurant and generously sponsored by CeraVe.

The "NICU Crew" design highlights a sweet panda bear and will be available on grey t-shirts for \$20. Presale of the NICU Crew t-shirts will begin August 1st and can be purchased with cash from Gilda Aum here, or via Venmo directly.

The "Merry & Bright" holiday t-shirt will add a festive touch to your shift with an adorable gingerbread girl and heart-shaped stethoscope. Presale of the Merry & Bright shirts will begin November 15th.

All funds raised will be added to the general fund and applied to various projects throughout the year.



SPONSORS ACKNOWLEDGEMENT

